



# Inspire Sleep App

View your Inspire usage and share data with your clinic via the Inspire Sleep app. Keep the app open on the background of your phone – don't force close it.

Earn achievements and monitor your progress by following the tips on the backside of this card.

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## Tips to stay connected

	Cellular Data/WiFi	ON
	Bluetooth	ON
	Location Services	ON
	Notifications and auto app updates	ON
	Power Saver	OFF

**Questions?**  
**844-672-6720**