



Reconnecting the Remote (iPhone)

If your previously paired remote is having trouble connecting to the Inspire Sleep app, follow this guide to get re-connected.

- 1 From the Menu in the Inspire Sleep App, tap "My devices"



- 2 Tap "Forget device"



- 3 Tap "Go to Settings" to open your phone's Bluetooth Setting

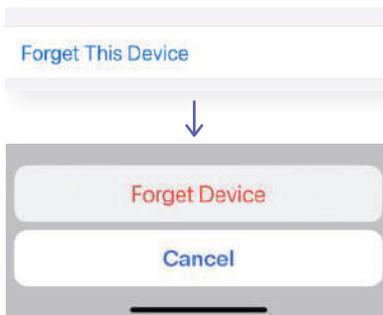
- 4 Find INSPIRE REM under "My Devices"

Tap the blue information icon to the right of the connection status



- 5 Select Forget This Device

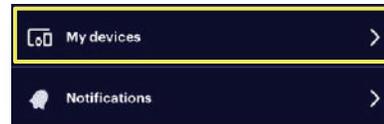
Tap "Forget Device" in red to confirm.



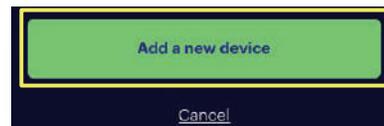
- 6 Press and hold blue button on remote for 8 seconds



- 7 Open the Inspire Sleep App and navigate to "My devices" from the Menu



- 8 At the bottom of the screen, tap "Add a new device"



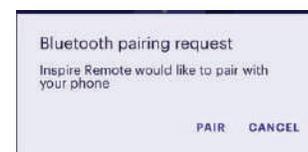
- 9 Ready Remote for Pairing

- Press OFF button on the remote and hold to chest.
- Listen for the tones.
- Then, press the Bluetooth button and hold for 3 seconds and continue app instructions.



- 10 Pair Remote to Phone

- Tap "PAIR" to pair the remote to the phone's Bluetooth.
- Then lock the connection by pressing and releasing the blue button in the 2580 remote.





Reconnecting the Remote (iPhone)

⚠️ Deleting the App for iPhone.

1 Follow Steps 1–6 to Forget Device

2 Turn off Bluetooth

3 Delete the Inspire Sleep App

- Hold your finger on the app icon until the icons begin to shake and a minus symbol appears on each.
- Tap the minus symbol.
- When prompted, tap “Delete App” in red.



4 Remove Batteries from Remote

Open back of remote and remove both AA batteries.



5 Turn Phone Off for 60 Seconds

Hold down power button and volume up button simultaneously for a few seconds until a screen appears with the option to “Slide to Power Off”. Follow that instruction.

6 Turn Phone Back On

Hold down power button until Apple symbol appears and phone begins to reboot.

7 Toggle Bluetooth Back On in Settings

8 Go to App Store and Reinstall App

- Open App Store and search “Inspire Sleep” to find the app.
- Tap the re-download icon to reinstall the app.



9 Reinstall Remote Batteries

Put both batteries back into the remote and replace the cover.



10 Open the App and Sign In

11 Upload Data

Follow the New Device Pairing prompt and go through the pairing process.

Contact Patient and Physicians Services for further assistance: **844-672-6720**